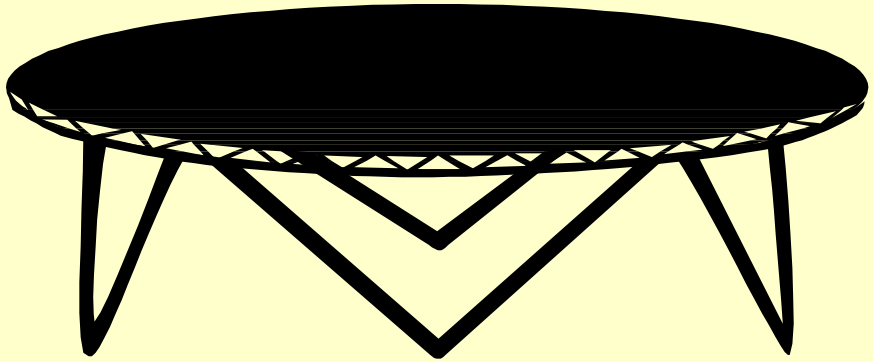
TRAMPOLINE

SAFETY

Trampolines Should Be Setup And Maintained In Accordance With The Manufacturer's Instructions



Trampoline Safety Nets & Spring Pads Are <u>Required Around The Trampoline</u> – For Your Child's Safety.

The Area Above The Trampoline Should Be Free Of Obstructions For At Least 20 Feet

&

The Area Surrounding The Trampoline Should Be Clear Of Obstructions For At Least 10 Feet.

FAILURE TO FOLLOW THESE SAFETY REQUIREMENTS WILL RESULT IN YOUR BEING REQUIRED TO TAKE DOWN THE TRAMPOLINE

PRIMARY CAUSES FOR INJURIES & DEATHS

Most Of The Trampolines Associated With Injuries Occur At Private Homes

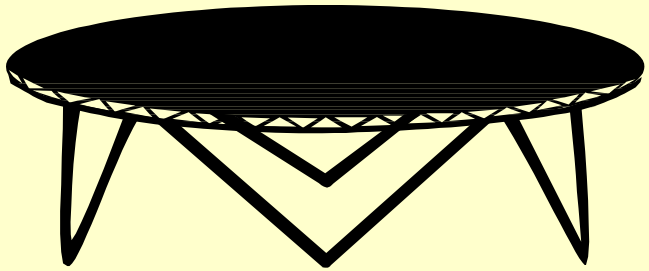
- ***Colliding with another person on the trampoline.***
- ***Landing improperly while jumping or doing stunts on the trampoline.***
- ***Falling or jumping off the trampoline.***
- ***Falling on the trampoline springs or frame.***

Steps To Prevent Serious Injuries:

- ***Allow <u>ONLY ONE PERSON</u> on the trampoline at a time.***
- ***<u>DO NOT</u> attempt or allow somersaults because landing on the head or neck can cause paralysis.***

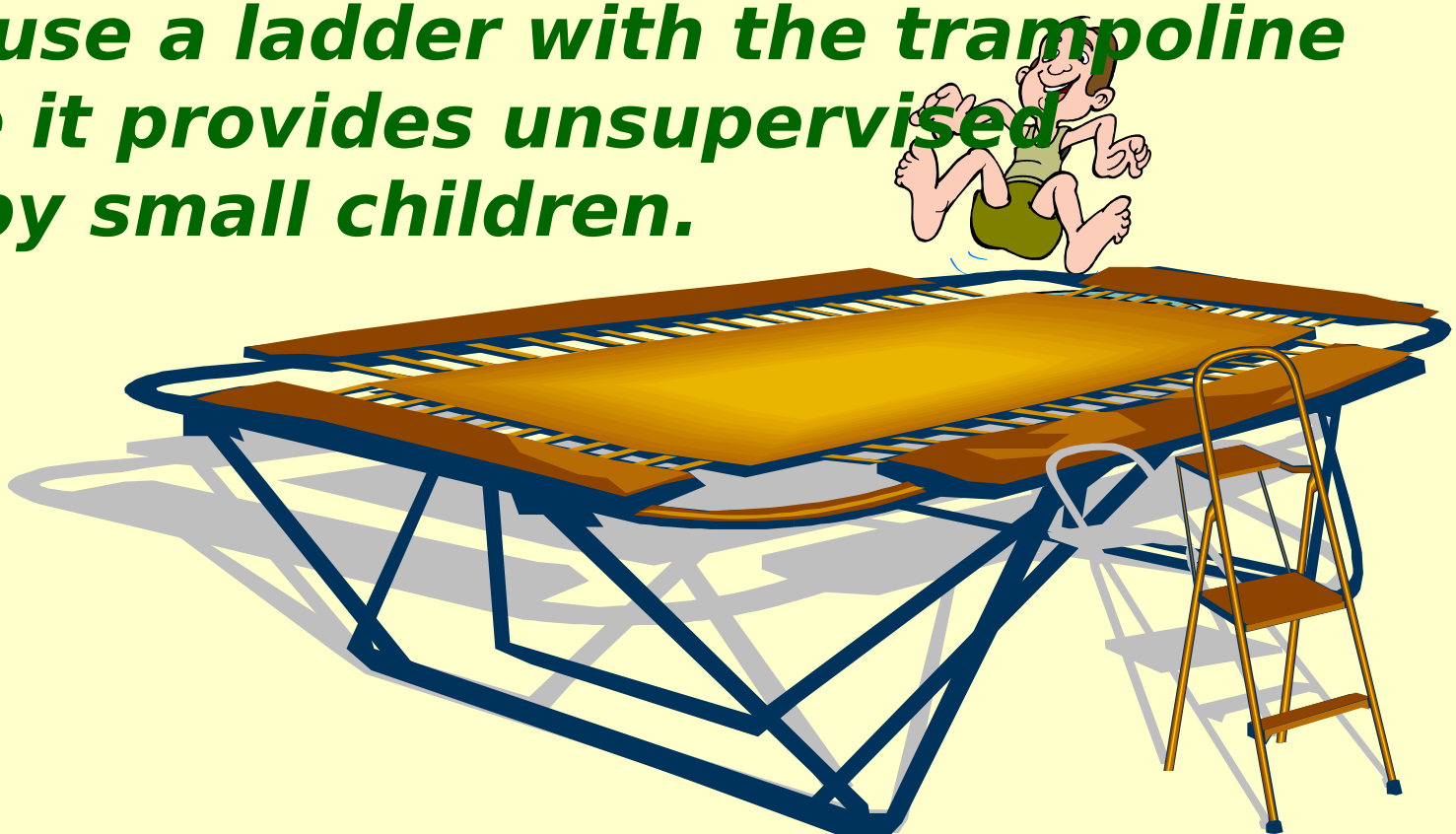
Steps To Prevent Serious Injuries:

- ***DO NOT*** *use the trampoline without shock absorbing pads that completely cover its springs, hooks, & frame*
- *Place the trampoline* ***AWAY*** *from structures, trees, and other play areas.*



Steps To Prevent Serious Injuries:

- ***No child*** ***under 6 years of age should use a full-size trampoline.***
- ***Do not*** ***use a ladder with the trampoline because it provides unsupervised access by small children.***



Always supervise children who use a trampoline

FWA GARRISON SAFETY OFFICE

BE SAFE